

Proposal for an Apprenticeship Training In Hawaiian Medicinal Arts

The Program will be called Ho'ola Maui which means Healing Maui. This Program will be taught by Miho Fukuda M.D. Ph. D., and Kahuna Bula Logan. The Program will be an apprenticeship program that will train apprentices in Spiritual and Healing Medicinal Arts of Hawaii and Integrated Medicine. This Apprenticeship program will be the first of its kind and will require all participating parties to be wholly committed and dedicated from beginning to end.

Objectives: To prepare and train apprentices in Traditional Hawaiian Medicine and Integrated Spiritual Medicine. The course curriculum will include the following training areas:

1) *Ho'oponopono*

Ho'oponopono is a traditional Hawaiian process to right an error, to make right any stressful relationship or situation in his or her life, & discover one's self-identity. Through the cleansing, releasing, transmuting of negative effects of their past and present actions in their body, mind, and spirit through the process of "repentance" and forgiveness. Ho'oponopono is also to identify the internal cause of the stress and stressors to release them. The result of doing this process is increased happiness, love, success, and optimism in one's daily life.

2) *E Lua Ho'olomilomi*

Students will learn '*ike Haha*. The famous Hawaiian tradition of reconstructing the Body, Mind, and Spirit, as it was taught by the late Kalua Kaiahua of Maui. Passed down from Ke Akua, our Heavenly Father to our

ancestors through an unbroken line of Kahuna, and continued in this day by Malama Na Pua. This is a traditional Hawaiian medical procedure that removes blockages, restore circulation, and can be done laying down, standing up or in a wheel chair for those with disabilities. We specialize in Opu Huli, Strokes, nerve damage, fractures, sprains, whiplash, tinnitus, headaches, backaches, joint pain, eye, ear, sinus problems, carpal tunnel, dislocations, cancer, AIDS, diabetes, and respiratory problems.

3) La'au Lapa'au Session

⌘ This session teaches students about Herbal Medicines of old and new. Students will be taught the basics in applying herbs to assist clients with various health conditions. The specially prepared herbs are administered to address your specific healthcare needs. From cleansing herbs, detoxifying, immune system building, anti-bacterial, anti-fungal, anti-inflammatory or mending. Session includes consultation, therapy, examination, prescription, preparation, application, cultivation, packaging, and marketing

4) Meditation & Spiritual Counseling

This session helps students to reconnect you to your spirit guide or Holy Spirit. Through prayer, meditation, and reading the energy field, you'll be able to commune with your spirit and receive your messages from your spirit, ancestors and angels from beyond. The Spiritual training is the most solid foundation of all healing arts. This training is the source to spiritual development. With this, we can build a strong and solid foundation to overcome all challenges. Without it we will fall and collapse as we have no spiritual base to lean on. The source of all healing comes from Ke Akua or Heavenly Father, and with faith, trust, and belief in him all things can be healed.

5) Pohaku Hot & Cold Rock Therapy

Created by Kalua Kaiahua of Maui, Enjoy the soothing heated stones in Papa Kalua's signature blue denim bag to release any tension, strains and pain that you have. This is recommended after a session of E Lua Ho'olomilomi for additional accent to top off a wonderful session. Students will learn how to apply hot & cold rocks to patient to increase blood flow, relieve tension, decrease swelling, and soothe the body.

6) Nutritional Health

This session will educate the student on basic nutrition and foods as medicine. The health of the body, mind, and spirit is determined by the choices of food we digest. Students will learn how to prepare healthy foods that help bring balance to one's health. We will also cover topics on foods that are low in calories, low in fat, low in sugar, organic foods vs. conventional, hazards of fast foods, hazards of junk food, and hazards of wrong diet choices.

7) Human Anatomy, Physiology, & Kinesiology

Basic anatomy, physiology, & kinesiology will be explained and studied from a Western Medical perspective and a Traditional Hawaiian Medical perspective. Students will become more acquainted with the body's functions and operations to develop good patient examination and diagnostic skills.

8) Hawaiian Language

Students will study Hawaiian Language and apply the learning to every aspect of this teaching.

9) Hawaiian Culture & Values

Students will study Hawaiian Culture and Hawaiian values to help awareness of the student. This is part of the individual spiritual development and a process of finding one's identity and place in this world.

10) *'OLI & PULE*

Students will develop skills to Chant and Pray as a foundation of Spiritual Development. This is the core of the training and the most important key to complete the apprenticeship program. All students will learn traditional Hawaiian Chants, Prayers and Protocols for ceremonies and treatments.

11) *Clinical Management*

Students will learn and grasp the management side of a clinic. From the basic procedures of enrollment, intake, progress notes, pain rating forms, patient billing, payments, office management, clinical management, patient management, medical supply production and product distribution, etc...

Mission Statement: Our mission is to develop and advance the arts, science, and Hawaiian healing practices of Kahuna therapy through providing integrated Hawaiian and Western healing arts in a caring, professional, and ethical manner.

In Hawaiian tradition Kahuna are the acknowledged experts in a field.

In recent years the word Kahuna has often been taken to mean shaman, but this is not a correct translation. A Kahuna is an expert professional in his or her field. And in our way of thinking the ability to be an expert is a gift of God.

Our goal is to promote the health and welfare of Native Hawaiian and all humanity.

To fulfill this goal we must prepare student apprentices with the training of Traditional Hawaiian Medicine and Integrated Medicine. After their training is complete the students will be presented to the Kupuna Council of La'au Lapa'au to become certified Native Hawaiian Medical practitioners. This would qualify them to be employed by the Native Hawaiian health Care System as Native Hawaiian Practitioners with licenses to practice traditional Hawaiian Medicine. Then the Native Hawaiian Healthcare Systems could enhance their mission by providing Traditional Hawaiian Treatments as part of the 1988 Native Hawaiian Health Care Act Title 42 U.S.C.11701 and the Revised Act Public Law 100-607

The Hawaiian word lokahi means unity. The roots of the word lokahi – lo’o, ka, hi and kahi – contain the philosophy of lokahi: to obtain unity of mind, body and spirit in the individual human being.

The seed of our success is our attitude and state of mind.

Lokahi is a way of focusing, of gathering energy into one point for the purpose of healing.

We will heal our individual nation of one, and then unite with other healed individual nations to heal the nation of Hawaii. We will then extend ourselves to the planet and heal the Nations of the world. A healthy individual makes for a healthy family. A healthy family makes for a healthy community. A healthy community will make a healthy nation. Healthy Nations make HEAVEN ON EARTH. We will assist in healing our land, water, forests, Sky, Ocean, and People for the future generations.

Helping Heavens People On Earth